

Meditation Group Registration Options

Please submit form with your fees to reserve your space by January 19th 2012, Our space is limited:

MY PAST EXPERIENCE IS THAT THESE PROGRAMS FILL UP QUICKLY, SO I WORK ON A FIRST COME FIRST SERVE BASIS. IF YOU ARE PLANNING TO ATTEND I RECOMEND EARLY REGISTRATION.

Don Mills Program Runs from

January 23th -February 27th. 6-7pm

MONDAY NIGHTS

Guildwood Program Runs from

January 24th -February 28th. 6-7pm

TUESDAY NIGHTS

Name:

E-Mail:

Phone:

Signature:

Fees: \$75.00 includes all supplies and materials. Cheques to Reach Yoga.

Registrations Mailed to:

121 Combermere Drive, Suite 605. Don Mills,
Ont. M3A 2W7

Is there any reason you are not able to sit on the floor?

Name:

E-Mail:

Phone:

Signature:

Fees: \$75.00 includes all supplies and materials. Cheques to Reach Yoga.

Registrations Mailed to:

121 Combermere Drive, Suite 605. Don Mills,
Ont. M3A 2W7

Is there any reason you are not able to sit on the floor?

What to bring:

A shawl or sweater and a cushion to sit on if you feel you need.

Repeaters please bring your journals.